

# Friday

5pm **Registration**, settle in to Accommodation

6.30pm **Welcome to Tableland LETS - Bel Moore**

6.45pm **Dinner**

**Harp Music by Katie Wilson**

# Saturday

7am **Yoga with Lyndel Turpin or quick excursion to Markets (carpooling)**

*Enjoy some gentle stretches (Asanas) and some breathing techniques (Pranayama) followed by a relaxation (Savasana). This practice allows the mind, body and breath connection for the day of continued connectivity with others.*

7-8.30 **Breakfast**

8.45 **Welcome to Country – Ngadjonji elder, Ernie Raymont**

9am **Opening Address – Tableland LETS – Alison Bird/ Irene Chapman**

*How has Tableland LETS survived and thrived for 24 years? How has it become the most active trading group in Australia?*

9.30 **Speaker – Tim Jenkin- CES founder**

*Following his legendary prison escape and 12 year exile, Tim was disheartened to find that the end of apartheid hadn't improved the lives of black South Africans as he had anticipated. He turned his attention to providing an alternative to the money system to help address inequities and began programming the Community Exchange System in 2002. This system is used in over 70 countries and has reinvigorated the LETS system in Australia. Recently, Tim has been working with Australian admins to update and individualise our system.*

10.30 **Morning Tea**

11.00 **Speaker – Catie Lou Manson– LETS in New Zealand**

*The Wairarapa Green Dollar Exchange has been trading in New Zealand since 1991 and continues to grow and flourish. Catie Lou talks about what works for them, including the Timebank and Savings Pool that operate alongside LETS.*

11.45 **Workshop 1 - LETS "think tank"** eg Increasing membership; encouraging active trading; benefits of LETS; LETS role in the community

12.45 **Lunch**

1.45 **LETS get practical - choose a workshop:**

*Palm leaf weaving with Kate; Computing for Free with Linux with Charles; Organic Gardening & Worm Farming Hints and Tips with Bernie & Peter; Aspects of Health with Jayne; Feldenkrais "Awareness of Movement" with Grace*

3.30 **Afternoon Tea**

4.00 **Trading event**

Time for showers etc

7.00 **Dinner**

8.00 **Entertainment local musician, Gary Moore**

**Charlie McGee- Formidable Vegetable Sound System**

*Realising that music is one of the best tools for bringing about cultural change, globetrotting permaculture troubadour and the mind behind Formidable Vegetable Sound System, Charlie McGee has composed a repertoire of swingin' tunes on a ukulele addressing the principles of permaculture in various musical styles ranging from 'energy-descent electro-swing' and 'climate-change dubstep' to 'peak-oil polka' and 'post-apocalypso', which make for an eccentrically entertaining and unforgettable dancefloor experience when pumped at max volume through their Beet-Box. In a world gone mad, there's one thing you can do to improve the party: Lettuce Turnip the Rad-ish Beets and Rocket!*

# Sunday

7am Restorative Yoga with Georgina Coase or Creek Walk (follow the signs)

*Yoga Teacher, Georgina Coase will guide you through some restorative yoga postures that can be used for tiredness, stress and just general well-being and relaxation.*

7-8.30 **Breakfast**

9.00 **Speaker- Tania Brookes- LETS and Permaculture**

*Exploring the possibilities for collaborating with likeminded movements, harnessing cross promotional opportunities and learning more about the Permaculture movement and why you should have many permaculturists trading in your exchange.*

9.45 **Speaker – Annette Loudon**

*Annette gives us an update on our Australian Exchanges and how the new website is coming along*

10.10 **Speaker – Karel Boele—Complementary currencies**

*How our new system could connect with other complementary currency systems and allow us to trade more easily internationally. Karel talks a little about Participatory Democracy.*

10.30 **Morning Tea**

11.00 **Speaker – Robyn Krabbe– Ecology of LETS**

*This discussion is aimed at two levels, firstly increasing your membership and trades, and secondly increasing the difference LETs can make to your current members lives. In going back to basics it looks at how LETs can fulfil peoples basic needs, both material needs and non-material (essentially of having control of our lives, having constructive relationships with other people, and having a diversity of skills). This talk will include a vision for CENTs (Community Exchange Network Tasmania) towards community and individual resilience and sustainability.*

11.30 **LETS info sharing workshops**—Choose two 30 minute workshops to participate in, then we'll meet back for a summary. eg LETS in Business; Admin How-tos; Admin Problem-solving; Travelling with LETS; LETS & Community Gardens

1.00 **Lunch**

1.45 **Speaker– Christine Doan - Find your Purpose and Prosper**

*Most of us feel that Purpose is truly significant. We may not have a rigorous approach to finding or refining our Purpose but we know intuitively that our souls ache to live it. How many of us can authentically state that we have no impediment between living our Purpose and achieving our definition of Prosperity? I wrestled a lot of my life with the predicament of not really knowing how to pair up Purpose and Prosperity and am finally getting traction! In our short timeslot, let's explore a few techniques that have really made a difference to me and might just help you find or refine your Purpose.*

2.15 **Round Circle Discussion** – any further issues/where to from here?

3.00 **Finish (and farewells for some)**

3.15 **Afternoon Tea**

Trading/ optional activities – bushwalking, canoeing,

7pm Optional Dinner for those who are staying over

**Campfire and Music by Charmaine Silk**

# Monday

7.30 -8.30 **Breakfast**

Pack and Clean Up

Set forth and explore the rainforests, lakes, farms and waterfalls of the Tablelands before you go home